



# Lifecare Primary Medical Associates, PLLC

633 E Fernhurst Dr. Suite 202. Katy, TX-77450, Tel: 281-712-7757, Fax: 281-712-7758

## CONSENT FOR THYROID ULTRASOUND

In order to determine an appropriate plan of medical management, I

\_\_\_\_\_, consent to:

Thyroid ultrasound uses sound waves to produce pictures of the thyroid gland within the neck. It does not use ionizing radiation and is commonly used to evaluate lumps or nodules found during a routine physical or other imaging exam.

You should wear comfortable, loose-fitting clothing for your ultrasound exam. You may need to remove all clothing and jewelry in the area to be examined.

**Why the test is performed:** This test is done as an alternative to arteriography. It may help diagnose:

- To determine if a lump in the neck is arising from the thyroid or an adjacent structure
- To analyze the appearance of thyroid nodules and determine if they are the more common benign nodule or if the nodule has features that require a biopsy. If biopsy is required, *ultrasound-guided fine needle aspiration* can help improve accuracy of the biopsy.
- To look for additional nodules in patients with one or more nodules felt on physical exam
- To see if a thyroid nodule has substantially grown over time

**Risks:** There are no risks specifically associated with this procedure.

### Considerations

Cigarette smoking may alter the results of this test, because nicotine can cause the arteries in the extremities to constrict.

Quitting smoking significantly lowers the risk of problems with the heart and circulatory system. Most smoking-related deaths are caused by cardiovascular problems, not lung cancer.

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Patient Name (Please Print)

\_\_\_\_\_  
DOB

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Nurse

\_\_\_\_\_  
Witness Signature