



Lifecare Primary Medical Associates, PLLC

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ALLERGY PRICK TEST QUESTIONNAIRE

INSTRUCTIONS: Mark each item if it applies to you

Allergy Symptoms:

- Nasal congestion
- Runny nose
- Sneezing
- Frequent sinus infections
- Itchy, watery eyes
- Sinus Congestion

Previous Allergy Treatments:

- Zyrtec (Certirizine)
- Claritin (Loratadine)
- Clarinex (Desloratadine)
- Allegra (Fexofenadine)
- Other Antihistamines
- Steroid nasal spray
- Allergy Injections
- Nasal irrigation

Symptoms of Pollen Allergies:

- Symptoms worse outdoors
7-11AM, better in the house
- Symptoms worse of windy days
- Symptoms worse in early spring
- Symptoms worse in late
spring-summer
- Air conditioning helps
- Symptoms worse on known high
Pollen days

Do you have any of the following symptoms:

- Frequent cough
- Frequent colds
- Asthma
- Nasal blockage
- Shortness of breath
- Eczema
- Hives
- Dizziness
- Food allergies

Symptoms of Dust Allergies:

- Symptoms worse indoors, better outside in fresh air
- Dusting and sweeping aggravate symptoms
- Symptoms increase or return with onset of cold
weather

- Symptoms worsen after going to bed

Symptoms of Mold Spore Allergies:

- Peak symptoms in summer but can occur all year
- Worse outdoors in cool evening air, better in the house
- Worse in damp areas
- Worse when mowing lawn, on grass or raking leaves
- Seasonal increase of symptoms in mid July to November
- Worse from September until first frost

Other Causes of Allergy Symptoms:

- Smokes
- Lives with people who smoke
- Works in a smoking environment
- Attends daycare
- Dog in home
- Cat in home
- Birds in home
- Wood stove or fireplace in home
- Exposure to fumes or odors from cleaning agents/sprays

Patient Name

Patient Signature

Date